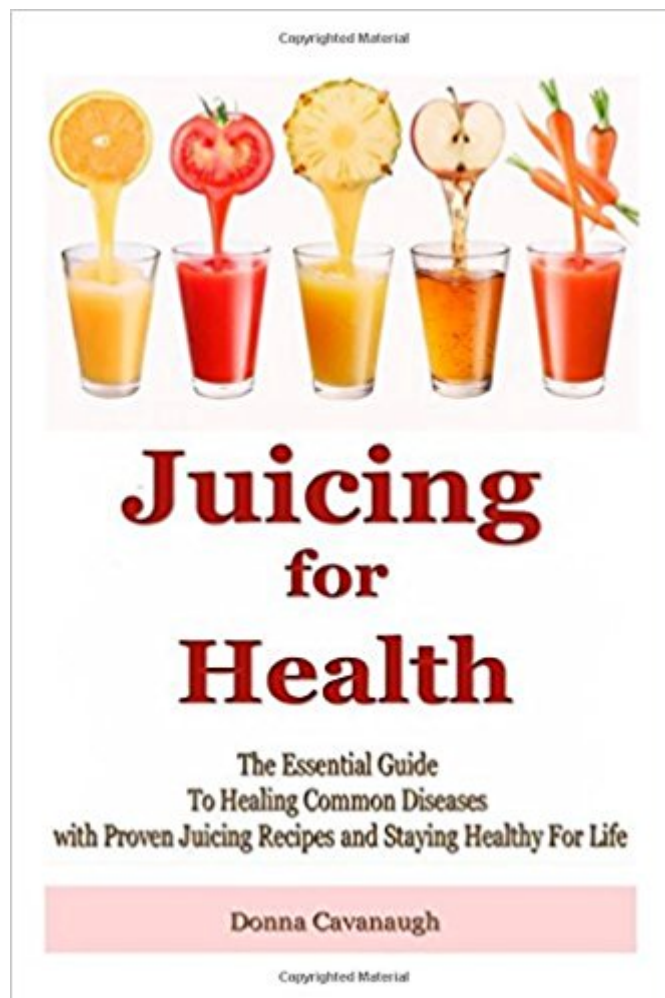


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# Juicing For Health: The Essential Guide To Healing Common Diseases With Proven Juicing Recipes And Staying Healthy For Life (Juicing Recipes, Juicing ... Foods, Cancer Cure, Diabetes Cure, Blending)





## Synopsis

Juicing For Health The Essential Guide To Healing Common Diseases with Proven Juicing Recipes and Staying Healthy For Life Today only, get this Kindle book for just \$0.99. Regularly priced at \$2.99. Read on your PC, Mac, smart phone, tablet or Kindle device. You are about to discover how to heal or at least improve today's most common diseases by juicing with specific ingredients. When foreign substances enter our bodies, our immune system goes into high alert to prevent those substances from causing damage. Our bodies do this through chemical and cellular mechanisms that result in inflammation. However, the inflammation that results is not without its own drawbacks. Think about a mosquito bite or an asthma attack. These are reactions that we can directly observe, but there are many others that occur throughout our bodies that contribute to heart disease, cancer, diabetes and autoimmune diseases such as rheumatoid arthritis or halitosis, to name a few. These inflammatory processes protect us, but can cause disease when the response is severe. A recent study conducted in Italy showed that drinking a fruit juice, rich in phytochemicals, reduced the high levels of inflammatory chemicals after eating a high-fat meal. Two other studies demonstrated that drinking orange juice or a strawberry juice decreased the pro-inflammatory effects of a high-fat, high-carbohydrate meal. Extensive research has revealed that plant-based medicines are the answer to diabetes, obesity, cancer, osteoporosis, heart disease, kidney stones, depression and psychosis, behavioral disorders, liver disease, kidney disease, urinary tract infections, skin problems, bad breath, body odor, Alzheimer's, eye health, longevity, colorectal cancer, Crohn's Disease, asthma and too many other health conditions to name. Once you start drinking plant medicines on a daily basis, your so-called "diseases" simply start to vanish. This book examines today's most common diseases and provides specific, easy to make juice recipes for each particular affliction. Do you suffer from: rheumatoid arthritis, menopause, diabetes, cancer, acne, hypertension, celiac disease or another "common" disease? Then I highly recommend you click the download button above and read on. Here is a preview of some chapters this book will cover Allergies Arthritis Cancer Diabetes Kidney Stones Menopause Ulcers >>> Much, much more! Scroll up and download your copy today! Take action today and make the conscious choice to fuel your body with tasty, fresh juices and I guarantee you will feel an amazing transformation in health, vitality and youthfulness. Tags: juicing, blending, healing, cure, disease, health, diet, allergies, anemia, anorexia, arthritis, asthma, blood pressure, hypertension, cancer, candida, celiac, cellulite, cholesterol, cold, fever, flu, constipation, diabetes, eczema, halitosis, migraine, menopause, morning sickness, mucus, osteoporosis, pms, prostate, sore throat, ulcers, varicose veins

## Book Information

Series: Juicing Recipes, Juicing Detox, Juicing Diet, Healing, Healing Foods, Cancer Cure, Diabetes Cure, Blending

Paperback: 52 pages

Publisher: CreateSpace Independent Publishing Platform (February 17, 2015)

Language: English

ISBN-10: 1508512701

ISBN-13: 978-1508512707

Product Dimensions: 6 x 0.1 x 9 inches

Shipping Weight: 4.5 ounces (View shipping rates and policies)

Average Customer Review: 5.0 out of 5 starsÂ Â See all reviewsÂ (6 customer reviews)

Best Sellers Rank: #300,993 in Books (See Top 100 in Books) #47 inÂ Books > Cookbooks, Food & Wine > Kitchen Appliances > Juicers #253 inÂ Books > Cookbooks, Food & Wine > Beverages & Wine > Juices & Smoothies #3857 inÂ Books > Cookbooks, Food & Wine > Special Diet

## Customer Reviews

Really informational book full of creative juicing recipes. I lespecially loved the vegetable juices. I like the fact that Donna included explanations with each recipe. Each recipe is nicely organized, and you are told specific conditions it is good for. Will be using her recipes regularly!

Juicing bookFinally a brief, concise summary of juice recipes for the most common health conditions. I am very impressed that Mrs. Cavanaugh is familiar with the apricot kernel cure for cancer and recommends them to her readers. If you are into juicing or if you are looking for an alternative way to heal your disease, give this book a try. 5 star!

Info provided was very useful especially for people with certain medical conditions. This opened my eyes to which fruits and vegetables can do certain things to help my body work best. The more I read, the more I want to read.

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